



# Sexual Power: Youve Got it Now Use it (Paperback)

By Rebecca Rosenblat

Manor House Publishing Inc, Canada, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Rebecca Rosenblat, psychotherapist, relationshipsexuality therapist, bestselling author and TV host, asks: Are you in charge of your life and living out your dreams; or are you giving into others rules and expectations? It s time to take control, without anyone holding you back. This book will help you succeed at everything. You ll learn to connect with yourself, find meaning, build self-esteem, harness your power and become unstoppable! Sexual power is the true equalizing force that II empower you to achieve all you ve longed for in love, work and life: You ve got it, now use it! Rebecca Rosenblat presents a unique, uncompromising woman s viewpoint on sexual behaviour. Using popular culture, recent research, her personal history and therapist experience, she confronts/debunks antiquated assumptions and gives savvy practical advice. Refreshingly unashamed, unapologetically unconventional, sometimes shocking, this book should be an eye-opener for any woman or man who suffers under the delusion that women are the weaker sex. - Dr. Bruce Herzog, psychoanalyst Ignorance is not bliss when it comes to our Sexuality. We must claim and own our needs...



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