



The Five Emanations Aligning the Modern Mind with the Ancient Soul

By William Douglas Horden

Delok Publishing. Paperback. Book Condition: New. Paperback. 76 pages. Dimensions: 8.3in. x 5.4in. x 0.3in. Creativity is based on receptivity. Hearing the original self speak is based on quieting the conditioned self's habit thoughts, emotions and memories. Attuning ourselves to the One is based on clearing out an inner place for the One to lodge. But the how of achieving such a goal can seem so elusive or can be presented in ways that make it seem like real results come only after decades of a monastic-like way of life. Author William Douglas Horden follows up on his highly acclaimed work, *The Toltec I Ching*, with this concise course in self-transformation. Based on his own death experience, Horden translates the ancient teachings on unifying the higher and lower souls into a practical guide for the modern mind. *The Five Emanations* is, in this sense, the newest incarnation of those ancient protocols that belong to this historical epoch. It is a course of self-transformation in the tradition of sudden enlightenment practitioners. It follows in the footsteps of those who empty out their self-defeating patterns of thought, emotion, and memory in order to make a lodging-place for the original uncreated awareness. It points to the...



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