



Hospital housekeeping

By Charlotte Albina Aikens

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 44 pages. Dimensions: 9.5in. x 7.3in. x 0.2in. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1906 Excerpt: . . . diet, such articles must be provided as beef tea, beef juice, chicken broth, mutton broth, gelatine, barley water, cocoa, certain forms of strained gruel, albumen water, koumyss, buttermilk, whey and sweet milk served in its natural state or in its almost numberless combinations that vary the flavor. For those on semi-solid diet such foods as oatmeal gruel, custard, ice cream, rice, tapioca, sago, and sometimes milk toast are used in addition to the foods included in fluid diet. For patients on light diet such additions are made as bread, toast, some fruits, certain kinds of fish, such as oysters, clams and the white-fleshed fishes, poultry and game. Regular diet in a hospital may include all the above articles with beef, mutton and other meats added, certain vegetables and all fruits. For patients in the transition stage with weakened digestive functions, the shorter fibred meats are usually...



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