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By Duke Hamilton

Peter Drackett, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is for anyone who thinks they may suffer from OCD, or for those seeking additional knowledge on their symptoms including those with loved ones who suffers from OCD or anxiety symptoms. Living with OCD can be challenging for all concerned, but help is at hand, it s very treatable. In this book you will read about Cognitive behavior therapy (CBT), how it works and why it is a good form of treatment for OCD. Often living with Obsessive Compulsive Disorder can cause anxiety. In this book many of your questions will be answered, including, how do you recognize OCD Symptoms, what causes OCD, what is OCD, Facts on OCD and Other mental disorders. Can Obsessive Compulsive Disorder cause paranoia, phobias or delusions, depression, bipolar disorder and anxiety. What is it like to live with this condition, does living with OCD affect a healthy relationship. You will learn about the difference between General Anxiety Disorder (GAD) and OCD Obsessive Compulsive Personal Disorder versus OCD. Read about the different forms of severity. Included is an OCD symptoms...



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